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Spring Newsletter

Check out what we've been up to at the Islington Centre!

[Donate](#)

Update on our Appeal

URGENT APPEAL



**WILL YOU HELP US RAISE
ESSENTIAL FUNDS SO WE CAN
KEEP OFFERING PEOPLE HOPE?**

We are facing a potential unprecedented shortfall of up to £90,000 on our budgeted income this year (ending in August 2025).

In February we launched our appeal. Over the last month, thanks to the generosity of supporters like you, we have raised an incredible £25,000

towards our target. This is an exceptional response, and we are so grateful. But we're not there yet...

Help us raise essential funds so we can keep offering refugees hope.

[LEARN MORE AND DONATE NOW](#)

Get Involved — Host a Supper in Solidarity



Host a meal. Share a story. Make a difference.

By gathering friends, family, or colleagues around a shared meal, you can spark meaningful conversations about the experiences of refugees and migrants while raising vital funds.

1. **Host a Dinner Party** - Invite guests for a meal at home, a picnic or even a workplace lunch.
2. **Share Stories and Raise Awareness** - Use this as an opportunity to talk about the experiences of refugees and migrants with some [stories from our community](#).
3. **Fundraise** - Set up a [JustGiving.page](#) and use it to tell your guests about the meal and also get them to donate there!
4. **Keep it Going** - Invite your guests to host their own Supper in Solidarity, spreading the message even further

[FIND OUT MORE](#)

Women's Wellness



This month we celebrated International Women's Day. With over half of our community being women, we are proud to celebrate women's achievements, strength and determination to build a new life for themselves and their families. Some of our offering targeted at supporting women includes:

- Monthly trauma-informed **yoga classes for women** lead by our new partner Nisaba at Samya Studios in Islington (pictured above)
- Monthly distribution of **period products** with our long-time partner Bloody Good Period, with 20,000 items distributed to our community each year
- **Motherhood support** with distribution of nappies and donated baby clothes as well as connection to baby banks

We walk with women in their journey, from learning English to accessing education and securing new jobs, as they set down new roots in the UK.

Celebrating Lunar New Year



In February, our Thursday English class enjoyed a vibrant celebration of Lunar New Year! Students shared their traditions, followed by a captivating dance

performance. And it didn't stop there — everyone joined in the dance, filling the room with movement and joy. 🎉🕺